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WR/juggler Jarett Dillard comes off the PUP list for Jaguars



Submitted by [Tania Ganguli](#) on August 15, 2010 - 3:33pm



[Tania Ganguli's Blog](#)

Jarett Dillard is off the PUP list for the Jaguars. He was back out at practice Sunday morning with special teams and said he'll be practicing Sunday night.

That's good news for the Jaguars, as Dillard was one of their best receivers coming out of OTAs this spring. But right after OTAs were over, Dillard felt some soreness in his foot and had X-rays done.

"If I didn't feel that soreness, I would've had a 50 percent chance of breaking my foot if I hadn't caught it," Dillard said. "I had three friends in college that had the same injury."

None of those three friends caught the injury in time and all three suffered broken feet. So, while Dillard wasn't happy to miss the first two weeks of training camp, he took that gladly over a broken foot sidelining him for the regular season.

"Luckily I caught the stress fracture before it got to be a serious problem or I would've been out 12 to 16 weeks," Dillard said. "I had to be out 2 weeks incamp which I don't like to do, but it's either two weeks out of camp or 16 in the season."

On an unrelated note, you might remember a few days ago I Tweeted that [Dillard was standing by the bikes juggling](#) during practice. I asked Dillard about that this morning. He said the team has been working with Jim Brogan, an author and professional speaker.

"He's talking to us [receivers] about balancing," Dillard said. "Juggling and balancing. It's just a little drill that helps us focus harder and focus more on multiple things. Balancing and juggling with one eye open and one eye closed."

Dillard looked very natural at it. He said he can juggle three footballs, but usually sticks to tennis balls.

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Tania

By [mjag](#) | 08/15/10 - 04:05 pm

Is Mike-Sims-Walker okay? After seeing his arm in a sling I haven't heard anything.

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That's One

By [tle422](#) | 08/16/10 - 07:49 am

I'm more concerned about Eugene Monroe, Eben Britton, and Tyson Alualu. Are these minor dings that will be worked out in short order or serious issues? It's really concerning that Britton has yet to take a snap in practice.

